

**FOUNDATION PRINCIPLES**  
**FOR**  
**BUILDING A FAMILY**

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**Foundation Principles**  
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Session I

*“God’s Blueprint: The Basic Needs Of A Marriage”*

Introduction:

A. Two Observations:

1. Every couple I know . . .
  
2. Most families have . . .

B. Two Questions:

1. Why are so many families in \_\_\_\_\_ ?
  - a. Because \_\_\_\_\_ is real!
  
  - b. Because our \_\_\_\_\_ affects our \_\_\_\_\_!
  
  - c. Because I am \_\_\_\_\_ - \_\_\_\_\_!
  
2. Where do you find \_\_\_\_\_ ?
  - a. In the \_\_\_\_\_ of God!
  
  - b. In the \_\_\_\_\_!
  
  - c. In the \_\_\_\_\_ of God!

# The Four Basic Needs Of A Marriage

## I. \_\_\_\_\_ : **Genesis 2:18.**

*“Then the LORD God said, ‘It is not good for the man to be alone; I will make him a helper suitable for him.’”*

### A. Definitions:

1.

2.

### B. Practical Requirements:

1. “ \_\_\_\_\_ ” →

2. “ \_\_\_\_\_ ” →

3. “ \_\_\_\_\_ ” →

## II. \_\_\_\_\_ : **Genesis 2:24.**

*“For this cause a man shall leave his father and his mother, and shall cleave to his wife; and they shall become one flesh.”*

A. “One Flesh” →

B. “Leave” and “Cleave” →

C. \_\_\_\_\_ in marriage is like a “ \_\_\_\_\_ ”!

D. A Common Problem: “ \_\_\_\_\_ ”?

**III. \_\_\_\_\_: Genesis 2:18.**

*“Then the LORD God said, ‘It is not good for the man to be alone; I will make him a helper suitable for him.’”*

A. The Picture →

B. The Problem →

--Note: God implies that the man needs \_\_\_\_\_!

C. A Promise →

**IV. \_\_\_\_\_: Genesis 2:24.**

*“For this cause a man shall leave his father and his mother, and shall cleave to his wife; and they shall become one flesh.”*

A. Definition:

--Key word = “\_\_\_\_\_”!

1. “\_\_\_\_\_” – Jesus Christ \_\_\_\_\_!

2. “\_\_\_\_\_” – Jesus Christ will \_\_\_\_\_!

B. Promise:

## The Basic Need Of A Man/Woman:

### V. The Basic Need Of A Woman: Genesis 3:16.

A. Key Word: “\_\_\_\_\_”.

B. Interpretation: Basic need = “\_\_\_\_\_”!

C. Definition:

1. What it is not →
2. What it is →

D. Revealing Statements:

1. Negative: “You are not . . .
2. Positive: “I \_\_\_\_\_ in \_\_\_\_\_!”

### V. The Basic Need Of A Man: Genesis 1:26-28; 2:15.

A. Key Words:

1. “\_\_\_\_\_”, 1:26, 28.
2. “\_\_\_\_\_”, 1:28.
3. “\_\_\_\_\_”, 1:28.

B. Interpretation: Basic Need = “\_\_\_\_\_ - \_\_\_\_\_”!

C. Definition:

1. What it is not →
2. What it is →

D. Revealing Statements:

1. Negative: “You cannot . . .
2. Positive: “You are . . .

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Session II

*“Satan’s Weapons For Destroying A Marriage”*

Introduction:

**A. Biblical Observations About Our Enemy:**

1. He has the ability to “\_\_\_\_\_” our minds to the \_\_\_\_\_, II Corinthians 4:4.
  
2. He has the ability to gain an “\_\_\_\_\_” in our lives, II Corinthians 2:11.

**B. Practical Observation About “Love” Relationships:**

1. Every couples marries with “\_\_\_\_\_”!  
--This is like an “\_\_\_\_\_” list.
  
2. There are two primary sources:
  - a. \_\_\_\_\_;
  - b. Life \_\_\_\_\_.
  
3. This statement is a helpful summary:  
“If you love me, you will . . .  
“If you love me, you will not . . .

# Satan's Weapons For Destroying A Marriage

I. \_\_\_\_\_ :

A. Description of what happens:

--The thing I thought would \_\_\_\_\_ happen, \_\_\_\_\_!

--Note: Not a "one time" event, but a " \_\_\_\_\_"!

B. Definition of what happens:

--It is the " \_\_\_\_\_" I experience!

C. A new question is raised:

--"How could you \_\_\_\_\_?"

II. \_\_\_\_\_ :

A. Definition: My \_\_\_\_\_ response to the  
" \_\_\_\_\_" of unfulfilled expectations.

B. Key: Every marriage has " \_\_\_\_\_"!

C. Point of Decision: What will I do with my " \_\_\_\_\_"?

a. God's goal → " \_\_\_\_\_" my \_\_\_\_\_, I Pet. 5:7.

b. Satan's goal → " \_\_\_\_\_" on to my \_\_\_\_\_, Eph. 4:26.

III. \_\_\_\_\_:

A. Definition: The \_\_\_\_\_ result of my choice to  
“hold on to the hurt!”

B. Note: This is never the “fruit of the \_\_\_\_\_”, Gal. 5:22-23,  
it is a “\_\_\_\_\_ of the \_\_\_\_\_”, Gal. 5:19-21.

--This kind of anger is always “\_\_\_\_\_”!

--This puts Satan in \_\_\_\_\_!

C. Manifestation:

1. \_\_\_\_\_ abuse →

2. \_\_\_\_\_ abuse →

IV. A \_\_\_\_\_ \_\_\_\_\_:

A. Definition: The \_\_\_\_\_ of my \_\_\_\_\_  
toward someone I loved! (See Proverbs 18:19)

B. Statement: “I don’t \_\_\_\_\_ anything anymore!”

C. Note: This is an unpredictable “\_\_\_\_\_”!

D. Observation: At this stage, the hurtful relationship has \_\_\_\_\_  
you! In the next stage, you \_\_\_\_\_ the relationship!

V. A \_\_\_\_\_ Of \_\_\_\_\_ !

A. Definition: Chosen \_\_\_\_\_ against God!

B. Hebrews 12:15.

1. A Warning: Do not “fail of the \_\_\_\_\_ of God!”

2. A Picture: “Bitterness” is like a “\_\_\_\_\_”!

3. A Process: “Bitterness” will \_\_\_\_\_ up!”

4. The Results:

a. “\_\_\_\_\_” →

b. “\_\_\_\_\_” →

**God's Provision For Victory**  
**Over Bitterness!**  
**II Corinthians 10:3-5**

I. “ \_\_\_\_\_ ” by the “ \_\_\_\_\_ ”, Gal. 5:16.

A. Definition: Saying “ \_\_\_\_\_ ” to God!  
Simply placing my “ \_\_\_\_\_ ” where He instructs!

B. Result: God is in \_\_\_\_\_!  
--of \_\_\_\_\_;  
--of \_\_\_\_\_;  
--of \_\_\_\_\_!

II. “ \_\_\_\_\_ ”, Eph. 4:32.

A. Definition: The “ \_\_\_\_\_ ” to allow the love of Christ to  
\_\_\_\_\_ where it is not \_\_\_\_\_  
nor \_\_\_\_\_ for!

B. Result: God does what we \_\_\_\_\_!

III. “Not \_\_\_\_\_, but \_\_\_\_\_”, Gal. 2:20.

A. Definition: The realization that Jesus Christ actually does  
\_\_\_\_\_ within me!

B. Result: The very “ \_\_\_\_\_ ” of Christ is \_\_\_\_\_  
into the broken, dead relationship!

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Session III

The Biblical Responsibility Of The Husband:  
*“How Can I Be The Husband God Wants Me To Be?”*

**Introduction: The “Five Biblical Priorities Of Life”.**

1. \_\_\_\_\_ : **Matthew 6:33.**

2. \_\_\_\_\_ : **Ephesians 5:25;**  
**Ephesians 5:22.**

3. \_\_\_\_\_ : **Ephesians 6:4.**

4. \_\_\_\_\_ of Christ – The “\_\_\_\_\_”:  
**Hebrews 10:24-25.**

5. \_\_\_\_\_ : **Colossians 3:17, 23-24.**

**Warning: A Christian suffers heavy consequences when these “Five Priorities” are not in proper place!**

1. He/She will have wrong \_\_\_\_\_!

--A “\_\_\_\_\_” god will control the life.

2. He/She will have “\_\_\_\_\_ spots” → make poor \_\_\_\_\_!

--Study: Pontius Pilate not listening to his wife, Matthew 27:19

3. He/She will allow spiritual \_\_\_\_\_ to influence family!

--Note: What I \_\_\_\_\_ I pass on to my children to be \_\_\_\_\_ by them!

**Observation: The “Five Biblical Priorities” are the FRAMEWORK For Understanding the Major Relationships of Life.**

- The Believer and Jesus Christ;
- Husband and Wife;
- Parents and Children;
- Christian to Christian in the Church;
- The Christian at his/her Work.

**Note: The “MAJOR PROBLEMS” in life grow out of one or more of these major relationships!**

--A “Major Problem” represents a “\_\_\_\_\_” in Biblical “\_\_\_\_\_” and “\_\_\_\_\_”!

# Biblical Guidelines For The “Husband”

## I. The Husband Is Commanded To “\_\_\_\_\_” His Wife, Ephesians 5:25.

### A. A Command:

--This command is \_\_\_\_\_!

### B. A Problem:

--We Men do not \_\_\_\_\_ how to do this!

1. We only know “\_\_\_\_\_” love.

a. Greek: phileo =

b. Greek: eros =

2. The Greek word here is agapao = God’s kind of \_\_\_\_\_!

a. It is “\_\_\_\_\_”!

b. It is “\_\_\_\_\_”!

### C. The Meaning:

A Christian Husband is to “Love” his wife:

1. \_\_\_\_\_!

2. \_\_\_\_\_!

### D. A Powerful Illustration: Mark 10:42-45.

**E. The Results:** What happens when a Christian husband loves his wife “as Christ loved the Church?”

--His wife will \_\_\_\_\_ spiritually;

--His wife will be \_\_\_\_\_!

**II. The Husband Is Commanded to “\_\_\_\_\_” His Wife, I Peter 3:7.**

**A. A Command:**

--This Command \_\_\_\_\_!

**B. A Problem:**

--Most Men do not \_\_\_\_\_ their wives!

**C. The Meaning:**

**A Christian Husband is to “Know” or “Understand” His Wife in Three Areas:**

1. The \_\_\_\_\_:

2. The \_\_\_\_\_:

3. The \_\_\_\_\_:

**D. The Question:** “ \_\_\_\_\_ ”?

1. In the “Physical” Area → Make a “ \_\_\_\_\_ ”!

2. In the “Emotional” Area → Learn to “ \_\_\_\_\_ ”!

3. In the “Spiritual” Area → “ \_\_\_\_\_ ” with her!

**E. The Results:** What happens when a Christian husband gets to know his wife in these three areas?

1. She will “ \_\_\_\_\_ ” him!

2. She will “ \_\_\_\_\_ ” to him!

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Session IV

The Biblical Responsibility Of The Wife:  
*“How Can I Help My Husband Become The Man  
God Wants Him To Be?”*

Introduction:

**A. Observations About Women In Modern Culture:**

1. Women are under intense \_\_\_\_\_!  
Two questions:
  - a. “What does it mean to be a \_\_\_\_\_?”
  - b. “How can I find personal \_\_\_\_\_?”
  
2. The main \_\_\_\_\_ on women is not the \_\_\_\_\_, but secular \_\_\_\_\_!
  - a.
  - b.
  
3. From a Biblical point of view, most women are being \_\_\_\_\_!
  - a. They do not become the \_\_\_\_\_ God intends!
  - b. They do not find real \_\_\_\_\_ as a woman!

**B. Observations About Women From Scripture:**

1. Men and women are of \_\_\_\_\_ to God,  
Genesis 1:27.
  
2. There should be no competitive \_\_\_\_\_ between  
men and women, Genesis 1:26.
  
3. After the “Fall”, women struggle with the “desire” to take the  
\_\_\_\_\_ of \_\_\_\_\_ within the family, Gen. 3:16.

**I. The Christian Wife Is Commanded to “ \_\_\_\_\_ ”  
To Her Husband, Ephesians 5:22.**

**A. A Command:**

--This command is \_\_\_\_\_!

--Note: Paul uses a “double argument” to make his point!

**B. A Problem:**

--Many women \_\_\_\_\_ with “submission”!

1. It does not seem \_\_\_\_\_ -- it doesn't make sense!

2. Many women have been \_\_\_\_\_ by men!

**C. The Meaning:**

1. Biblical “Submission” = An \_\_\_\_\_!

--Note: It requires Biblical knowledge or “ \_\_\_\_\_ ”

2. Biblical “Submission” = A \_\_\_\_\_!

--Note: It requires “ \_\_\_\_\_ ”!

**D. The Results: What happens when a Christian wife chooses to “submit” to her husband and believes that God will guide their family through him?**

**1. She will \_\_\_\_\_!**

**2. She will have God’s \_\_\_\_\_!**

**3. She will avoid a “\_\_\_\_\_ of \_\_\_\_\_!”**

**4. Her husband will come under God’s \_\_\_\_\_!**

**5. Her children will see proper \_\_\_\_\_ in the home!**

**II. The Christian Wife Is Commanded To Develop An**

**“ \_\_\_\_\_ ”, I Peter 3:1-6.**

**A. A Powerful Promise:**

**B. A Problem: Many Christian wives \_\_\_\_\_ this test!**

**C. Peter’s Instructions:**

**1. No “ \_\_\_\_\_ !”**

**2. No “ \_\_\_\_\_ !”**

**3. Develop “ \_\_\_\_\_ !”**

**4. Develop a “ \_\_\_\_\_ ” and “ \_\_\_\_\_ ” spirit!**

**D. A Biblical Illustration: Sarah, the wife of Abraham.**

**E. A Personal Illustration: A “Big” man and a “Little” woman.**

**F. The Consequences for Failure:**

**1.**

**2.**

**3.**

**4.**

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Session V

Biblical Guidelines For Rearing Children:  
*“How Can I Understand My Children  
And Give Them What God Desires For Their Future?”*

**Introduction:**

**--There is great confusion about children in the modern world.**

**A. They are seen as a “ \_\_\_\_\_ ” – not as God’s command!**

Questions parents ask:

- 1.
- 2.
- 3.

**B. They are seen as something that can be \_\_\_\_\_!**

1. Wrong Thinking:

- a. Life begins at \_\_\_\_\_, not \_\_\_\_\_.
- b. Until birth, I have the \_\_\_\_\_ to \_\_\_\_\_ the child.

2. Right Thinking:

- a. Life begins at \_\_\_\_\_.
- b. Only God has the \_\_\_\_\_ about the birth of a child.

## **I. What Are The Purposes Of A Child?**

--See: Psalm 127:3-5.

A. A Child is a “ \_\_\_\_\_ ”.

B. A Child is a “ \_\_\_\_\_ ”.

C. A Child is like an “ \_\_\_\_\_ ”.

--Note: An arrow was aimed at a \_\_\_\_\_.

So is a \_\_\_\_\_!

D. A Child is intended to be future “ \_\_\_\_\_ ”!

## **II. What Are The Basic Needs Of A Child?**

A. \_\_\_\_\_:

--Question: “Am I \_\_\_\_\_?”

B. \_\_\_\_\_ - \_\_\_\_\_:

--Question: “Do I have personal \_\_\_\_\_?”

C. \_\_\_\_\_:

--Question: “What are the \_\_\_\_\_ of life?”

D. \_\_\_\_\_:

--Question: “What lasts or matters forever?”

### III. How Do Christian Parents Meet These Needs?

#### A. Proverbs 22:6

1. Hebrew words: “Train Up” = chanak

a.

b.

2. Hebrew words: Alternate Readings.

a. “In the way he should go.”

b. “According to his way”

#### B. Ephesians 6:4

1. A Key Person → “\_\_\_\_\_”

2. A Command: Give “\_\_\_\_\_” and  
“\_\_\_\_\_”

3. A Warning: Parents can do permanent \_\_\_\_\_!

a. “Provoke” = parorgizo = “to \_\_\_\_\_ alongside”  
“to \_\_\_\_\_”

b. The Danger: To “\_\_\_\_\_” the \_\_\_\_\_!

--Proverbs 17:22

--Proverbs 18:14

--Colossians 3:21

**IV. Family Patterns Which “Break The Spirit” Of A Child.**

1. \_\_\_\_\_ in \_\_\_\_\_!

--Communicates:

2. \_\_\_\_\_

--Communicates:

3. \_\_\_\_\_!

--Communicates:

4. \_\_\_\_\_!

--Communicates:

5. \_\_\_\_\_!

--Communicates:

6. \_\_\_\_\_ to \_\_\_\_\_ your \_\_\_\_\_!

--Communicates:

## **V. Steps To Healing A “Wounded Spirit”**

### **A. When I Have Hurt My Child:**

- 1.
- 2.
- 3.

### **B. When I Am The One Who Was Hurt:**

- 1.
- 2.
- 3.
- 4.

## **VI. What Are The “Consequences” When Parents Fail?**

- A. Proverbs 22:15 →
- B. Ephesians 6:3 →
- C. Ephesians 6:3 →
- D. Proverbs 29:15 →